

Are you Interested in School Wellness?

San Dieguito Union High School District invites parents and members of the community to meetings about the school wellness policy. Having healthy choices at school helps keep our children healthy and ready to learn. The school wellness policy helps our school create an action plan for nutrition and physical activity at school. Parents can share their opinions and help make sure the policy is meeting the needs of our students. The SDUHSD wellness policy is available at: www.sduhsd.net

If you are interested in participating in your school's Wellness Committee or attending an upcoming meeting, please contact your school for more information.

Canyon Crest Academy	(858) 350-0253
Carmel Valley Middle School	(858) 481-8221
Diegueno Middle School	(760) 944-1892
Earl Warren Middle School	(858) 755-1558
La Costa Canyon High School	(760) 436-6136
Oak Crest Middle School	(760) 753-6241
Pacific Trails Middle School	(858) 509-1000
San Dieguito Academy	(760) 753-1121
Sunset High School	(760) 753-3860
Torrey Pines High School	(858) 755-0125

We hope you will join us!